Fall Protection Tips

• Identify all potential tripping and fall hazards before work starts.

• Look for fall hazards such as unprotected floor openings/edges, shafts, skylights, stairwells, and roof openings/edges.

• Inspect fall protection equipment for defects before use.

• Select, wear, and use fall protection equipment appropriate for the task.

• Secure and stabilize all ladders before climbing them.

• Never stand on the top rung/step of a ladder.

• Use handrails when you go up or down stairs.

• Practice good housekeeping. Keep cords, welding leads and air hoses out of walkways or adjacent work areas.

For more complete information:

Occupational Safety and Health Administration
U.S. Department of Labor
www.osha.gov   (800) 321-OSHA